

Thinking about your legacy?
Ready to write a memoir?

Join us for
**The Yin and Yang of
Memoir Writing**

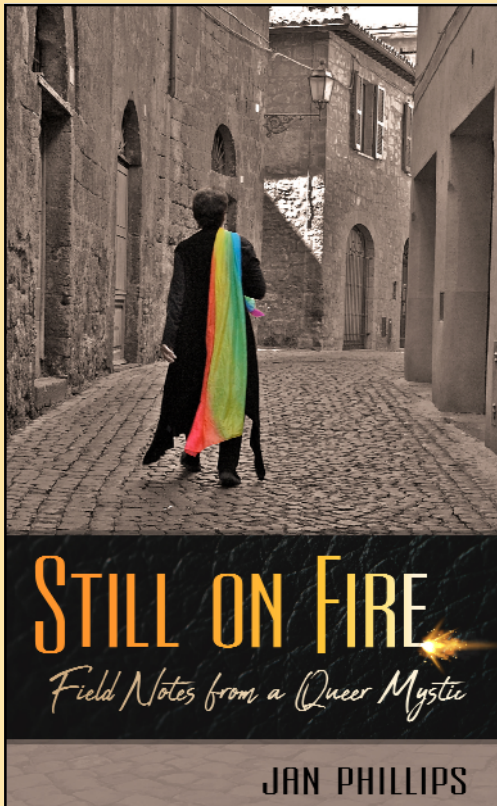
*a mini-memoir workshop
with author/activist
Jan Phillips*

Writing a memoir is a full bodied experience. It includes the deep interior (yin) work of harvesting your life experience to unearth the jewels hidden in your caverns of darkness.

It also brings up questions regarding the outer (yang) aspects of the creative enterprise:

**do you need an agent?
how do you find a publisher?
should you self publish?
who is your audience?
where should you start?**

This hands on experience will answer the questions you have about writing your memoir and start you on the path.



“Another visionary book by Jan Phillips, an evolutionary work that connects spiritual consciousness with global action. A prophetic work of prose, prayer and poetry.”

Deepak Chopra



Jan Phillips is a visionary thought leader, award-winning author and social activist. She is founder and executive director of the Livingkindness Foundation, a TED Talk speaker, and co-founder of Syracuse Cultural Workers, publishers of artwork for social justice. She performed with Pete Seeger at a benefit concert for Haiti and opened for Jane Goodall at a Kinship With All Life Conference in San Francisco.

Jan is the author of eleven books, has taught in over 25 countries, and has published work in the *New York Times*, *Ms.*, *Newsday*, *People*, *Parade Magazine*, *Christian Science Monitor*, *New Age Journal*, *National Catholic Reporter*, *Sun Magazine*, and *Utne Reader*. Her memoir, *Still On Fire—Field Notes from a Queer Mystic*, was released by Unity Books in October 2021.